



## STARTING ANEW FROM THE DARK

**Leandro Blanco**

The work is autobiographical and it wants to tell the reader how to start anew from the dark when at some time in your life you find yourself blind.

Leandro, now 36 years old, starts by describing his typical day, during which his friend Luca picks him up to go drink something on the seaside. Sitting at a bar, the two start to talk about the life of the protagonist, about the two serious accidents he suffered when he was a teenager, but most of all about how, from that point on, he had to reprogram his whole life in order to overcome complex challenges. The author talks about his own fears, about the courage to face them, about his “internal calculator” which allows him to always have an idea of his surroundings, of his relationship with women, of his profession of physical therapist, based on his previous life as a sighted person. In the book we can find interesting info about how a sightless person has to plan his daily life, but we can also find moments of intense reflection and touching commotion.

LEANDRO BLANCO

### DETAILS

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Leandro Blanco is an alias. When he was 15, the author lost his left eye for retinal detachment, which he suffered because he was hit by a soccer ball while he was playing. When he was 17, following a serious car accident, he permanently lost his sight. He graduated in physical therapy, and now he's an established and well respected professional in his field.

