

THE SOUL AND MAGIC OF COLOURS A CONSCIOUS USE OF COLOURS IN YOUR DAILY LIFE

Samya Ilaria Di Donato

Using colours consciously is a means to improve your own and other people's life.

This book guides the reader through a journey to discover the meaning of colours, touching on various different themes: from the physico-chemical aspect to the spiritual meanings of metaphysics and energies.

DETAILS

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Samya Ilaria Di Donato is a business counselor and a trainer for chromotherapy related disciplines. She designed the "Coloranima" project, which aims to improve people's life through the conscious use of colours.