



DETAILS

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ALESSIA REFOLO



Alessia Refolo was born on July 11 1990 in Ivrea, in the province of Turin, where she lives and works. In infancy she survived to neuroblastoma paying a very high price: the medication irreparably damaged her eyesight.

She's a cheerful, positive, determined, active girl, who doesn't allow her handicap to limit her numerous passions. She loves sport and her talent is climbing: in 2014, talent brought her to win the World Paralympic Climbing Championship. In 2018, she won the World Paralympic Water-ski Championship.

Traits such as tenacity and willpower are key to her success in sport and in life.

WHERE THERE IS A WILL, THERE IS A WAY

A LIFE BEYOND THE DARK

Alessia Refolo

The book is about the life of the author, Alessia Refolo, a sightless girl. Alessia can't see anything; she can only distinguish the day from the night.

Alessia is a beautiful and elegant banker who is also an exceptional sportswoman; she has the determination to achieve her goals.

Alessia is a climber, and thanks to her willpower she's been able to climb everyday's mountains and surmount the obstacles.

Her mantra is: "WHERE THERE IS A WILL, THERE IS A WAY", and that's what this book exudes.

One simply needs to be around Alessia, listen to her, look at her, to feel the positive messages she conveys in a very natural way, and to feel restored, richer and more optimistic (free of pre-established limitations and preconceptions).

The novel talks about the events which took place in the last five years: the victory at the 2014 World Paralympic Climbing Championship in Spain, the victory at the 2018 European Paralympic Water-ski, every-day life, work, ice skating with Carolina Kostner in 2019 and taking part in national TV programmes like "La vita in diretta" and "La prima volta".